

Patrizia Garberi Curriculum Vitae

PERSONAL INFORMATION

Name PATRIZIA GARBERI
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Nationality Italian
Date of Birth Milan, September 12th, 1959
Gender Femal
Italian Native speaker
English Cefr C1
French Cefr A2

Present Occupation

PhD student, Psychologist in Cognitive Neuroscience, (Reg.Tuscany 31/01/2015 No. 7396), Artist and art therapist, Mindfulness trainer (model of the Center for Mindfulness Massachusetts Medical School), Teacher of Meditation and Art.

EDUCATION AND TRAINING

- **2014 - current** PhD student in Psychology and Cognitive Science, Doctoral School in Psychological Sciences University of Rome La Sapienza
- **2014** University of Rome La Sapienza, Department of Medicine and Psychology
Master in "Mindfulness: Practice, Clinic and Neuroscience" Prof. A.Raffone
- **2010-2013** University of Trento- Psychology and Cognitive Sciences department
Psychology Neuroscience
Master degree 110/110 – Final Thesis "Study of a Interoceptive Sensitivity training as a method to influence self-awareness". Prof. C.Braun
- **2006-2010** University of Trento
Cognitive Psychology
Bachelor degree – Final Thesis "Administration by computer of the Raven test PM47 in patients with severe motor and language disability" Prof.ssa C.Finocchiaro
- **2000-2005** ILTK Pomaia, Pisa
Full Time Masters Program in meditation and Buddhist Philosophy, class in English
Certification of attendance and completion of the individual subjects
- **1977-1982** Brera Academy of Fine Arts
Scenography- final thesis in Art History "A Brief History of Art and Science from Renaissance to Informal" Prof.ssa J.De Sanna
Full degree 106/110
- **1980-1982** Course of the Lombardy Region-Italy
Surgical Anatomy and Scientific Drawing, with internship at the S.Carlo hospital in Milano
Certificate of attendance
- **1972-1976** Art school Beato Angelico, Milan
Artistic studies to address architecture
Full degree 56/60

EDUCATION AND TRAINING

OTHERS

- **2014** Internship in Social Psychology area at DiPSCo UniTn "Study of Illusions body and personality traits related to social interaction" Tutor Prof.F.Pavani Prof. M.Zampini (690 hours)
- **2013** Internship in General Psychology area at DiPSCo UniTn "Study of Interoception relations with Emotions" Tutor Prof.F.Pavani (686 hours)

- 2010 **Internship in Neuropsychological** area at Auxilium Vitae Volterra (Si) Department of Neurological Rehabilitation and severe brain injury. Tutor. Dr PhD F.Tomaiuolo (5 months)
- 2010 **Mind and Life XX** Conference Altruism and Compassion in Economic Systems: with H.H.Dalai Lama, Zurich
- 2009 Compassion and Neuroscience Conference Holy Island, with P.Gilbert and R.Nairn, Scotland UK
- 2009 Clinical applications of mindfulness, APC F.Didonna, Roma
- 2007 Introduction to John Kabat Zinn's MBSR for awareness practice, workshop with Florence Meleo Meyer, Roma
- 2006 "Emotions , illness , wellness" , the body-mind - spirit model in health and the experience of the Mind -Body Institute at Harvard Medical School, Bologna
- 2006-2008 Introductory seminar on " The Psycho-oncology Simonton method" with Ph.d.O.Carl Simonton, Milano and First and Second level of Psycho Oncology Method SCC
- 2004-2005 Formation course for staff Volunteer for home care for terminally ill, Ass. Palliative Care, Livorno
- 1983-1985 Enrollment and attendance of Master Degree in Biological Sciences, Milan (2 years of 5)
- 2006 to present Participation in continuing education seminars and workshops in neuropsychological assessment and rehabilitation, cognitive sciences, psychophysiology and clinical psychology (list at the end)

CONFERENCE POSTERS

- 2014 Mazzurega, M., Occelli, V., Garberi, P., Esposito, G., & Zampini, M. (2014). Body representation and interpersonal socio affective factors: The enfacement illusion modulated by autistic-like traits. International Multisensory Research Forum, Amsterdam, The Netherlands, June, 11-14.

WORK EXPERIENCE

THEORETICAL EXPERIENTIAL INTERVENTIONS

- **Since 2006**
 - Type of business or sector Self employed
 - Occupation or position held Private practice of counselling and art therapy
- 2013
 - Name and address of the employer Library of Rovereto (Tn)
 - Type of business or sector Diary of memories for four hands built from couples of grandparents and grandchildren, inspired by art's book
 - Occupation or position held Teacher and facilitator
 - Main activities and responsibilities Meditation, imagery and art therapy during groups and individual meetings
- **2013**
 - Name and address of the employer CEDRE-Cecina (Li)
 - Type of business or sector Theoretical experiential training course "Know, recognize and manage emotions"
 - Occupation or position held Teacher in Italian
 - Main activities and responsibilities Theoretical experiential teacher and facilitator
- **2012**
 - Name and address of the employer Natural Reserve of Santa Luce
 - Type of business or sector Art and meditation in natural environment
 - Occupation or position held Teacher in Italian
 - Main activities and responsibilities Art education and meditation facilitator
- **2010-2011**
 - Name and address of the employer ILTK, Pomaia (Pisa)
 - Type of business or sector Online course of the Masters Program 2008-2013
 - Occupation or position held Tutor of Italian class
 - Main activities and responsibilities Preparation of notes online and maintaining review classes in person
- **2005-2010**
 - Name and address of the employer Kushi-Ling Centre in Arco di Trento, Ewam Centre in Florence, Green Tara Study Group in Leghorn, GheDen SceDrup Ling centre in Cremona
 - Type of business or sector Meditation workshops and seminars on personal growth
- **2006-2007**
 - Name and address of the employer Public Health Care in Cecina and Rosignano
 - Type of business or sector Training for the activation of peer educators in high school
 - Occupation or position held Tutor in Italian

- Main activities and responsibilities
 - **2005**
- Name and address of the employer
 - Type of business or sector
Nursery Neruda in Cecina, Livorno
 - Occupation or position held
Classes of children aged 3,4 and 5 years
Teacher in Italian
- Main activities and responsibilities
 - **2005-2007**
- Name and address of the employer
 - Type of business or sector
ILTK, Pomaia (Pisa)
 - Occupation or position held
Personal growth
Teacher in Italian
- Main activities and responsibilities
 - **2003-2009**
- Name and address of the employer
 - Type of business or sector
ILTK, Pomaia (Pisa)
 - Occupation or position held
Morning / forum on Buddhism for school students
Teacher in Italian
- Main activities and responsibilities
 - **2005-2006**
- Name and address of the employer
 - Type of business or sector
Ewam Buddhist Centre, Florence
 - Occupation or position held
Buddhist psychology - Lorig
Teacher in Italian
- Main activities and responsibilities
 - **2004**
- Name and address of the employer
 - Type of business or sector
Amitaba Association, SPA Euganee Abano Terme
 - Occupation or position held
Meditation and Yoga
Teacher in Italian
- Main activities and responsibilities
 - **2004**

WORK EXPERIENCE

ART

Since mid-90s to present

- Name and address of the employer
 - Type of business or sector
Self employed
 - Occupation or position held
Wall and canvas painting
Artist
- Main activities and responsibilities
 - **2004**

Since 1995 to present

- Name and address of the employer
 - Type of business or sector
Self employed
 - Occupation or position held
Art classes to private students
Teacher in Italian and English
- Main activities and responsibilities
 - **2012/2013**

- Name and address of the employer
 - Type of business or sector
Accademia del Giglio, Florence
 - Occupation or position held
Plein air classes in front of the sea
Teacher in English
- Main activities and responsibilities
 - **2012/2013**

- Name and address of the employer
 - Type of business or sector
Accademia del Giglio, Florence
 - Occupation or position held
Lifedrawing workshops
Teacher in English
- Main activities and responsibilities
 - **2010**

- Name and address of the employer
 - Type of business or sector
Municipality of Pontedera, 6th edition Giocalarte
 - Occupation or position held
Series of Art workshops
Teacher
- Main activities and responsibilities
 - **2000-2003**

- Name and address of the employer
 - Type of business or sector
Ass. Greenshades, UK
- Main activities and responsibilities
 - **2000-2003**

Understanding the use and dissemination of contemporary art with the goal of familiarizing children, through concrete experience brought by professional artists, active manner and direct experimentation

- Type of business or sector
- Occupation or position held
- Main activities and responsibilities
 - **1998-2003**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **2003**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **2000**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **1981-2000**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **1978-1980**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities

WORK EXPERIENCE

VOLUNTEERING

- **1980-1982**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **1982-1985**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **1985-1986**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities
 - **2005-2006**
- Name and address of the employer
 - Type of business or sector
 - Occupation or position held
- Main activities and responsibilities

Art workshops

Teacher in English

Groups landscape drawing and watercolor painting at Villa Palagione in Volterra

Accademia Italiana, Florence

Art classes in the postgraduate diploma and annual and biennial summer schools for adults.

Teacher in English and Italian

Classes in the areas of Art and Graphic Arts (mixed media, visual perception, life drawing and model, artistic anatomy, painting techniques, geometric and perspective drawing, illustration and graphic design)

Chanapatana Institute - Accademia Italiana, Bangkok Thailand

Art Workshops

Teacher in English

Teaching life drawing and human figure

Public Secondary School, Elba Island (Li)

Art workshops

Teacher in Italian

drawing and perception of natural forms for children

Self-employed, Milan

Advertising and publishing

Illustrator and Graphic freelance

Creation and realization of illustrations in the fiction and non-fiction fields, mainly science and medical subjects

Photo Studio F & B in Milan

Photography

Set-assistant and art-buyers

Assistant

CEIS, Milan

Centre for rehabilitation from drugs addiction

Maintenance of an artistic laboratory

Weekly voluntary collaboration.

1982-1985

Public Emergency Service

Health care

Volunteer and coordinator

Service activities and coordination

LIPU, league for Bird Protection Milan

Services in natural environments

Volunteer

Scientific observation of birds and assistance to tourists

Palliative Care Hospital of Livorno

Health Care

Volunteering

Counselling

ILLUSTRATIONS FOR
SCIENTIFIC JOURNALS

E.Berti Riboli G.Reboa F.Cafiero, "**Criochirurgia**" - R.Cortina Editore, Milano 1983, all illustrations

P.Castano, "**Anatomia e fisiologia dell'uomo**" - collana per il personale paramedico - R.Cortina Editore, Milano 1983, all illustrations not from archive (80)

E.Bisiach S.Cappa G.Vallar, "**Guida all'esame neuropsicologico**" - R.Cortina Editore, Milano 1983, all illustrations

E.Berti Riboli G.Reboa G.Arnulfo, "**La mobilità dello stomaco e del duodeno**" - Lombardo Editore, Roma 1984, all illustrations

A.Scordamaglia G.Ciprandi M.Bagnasco G.W.Canonica, "**Risposta immunitaria e antibiotici**" - Editoriale Fernando Folini, Milano 1985, all illustrations

For the series "**Guardiamoci Intorno**", ed. Touring Club Italiano: "Il Bosco", 1984, with 5 illustrations "La Spiaggia", 1984, 2 illustrations, "Il Giardino", 1985, 4 illustrations, "Albero e siepe", 1986, 6 illustrations

P.Castano e altri, "**Anatomia umana per le facoltà di farmacia e di scienze**" - Edi Ermes, Milano 1986, almost 300 illustrations

E.Ferrario, "**Biomeccanica della masticazione**", Edi Ermes, Milano 1987, all illustrations

Ed. Theorema libri, "**Corso di scienze per la scuola media**", vol.unico, Gruppo d'Adamo Editore, Milano 1992, almost 70 illustrations

Biancotti, "**Biologia per gli istituti superiori**" De Agostini,1994, almost 50 anatomical illustrations

G.Bertini, P. Danise, E. Franchini, "**Dire, fare, conoscere le scienze**" in three volumes for the secondary school , Gruppo Ugo Mursia Editore, Milano 1995, almost 180 illustrations

L.Tesio, A. Merlo, A. Raschi, "**Trazione lombare attiva**" SO.GE.COM editrice, Milano 1996, with 6 illustrations scientific-anatomical

Garzanti "**Enciclopedia medica in 6 CD ROM**" distributed attached to the magazine L'Espresso, Milan 1998, with eighty illustrations of anatomy

Many other publications and brochures on behalf of several pharmaceutical companies (**Bayer, Midy, Italfarmaco, Mediolanum, Ibi, Bracco, Tielle, Corvi** et others)

ART WORKS

2003

Collaboration with the **Buzzi Hospital in Milan** in a project of humanization, environment planning and filter room décor in Neonatal Pathology Department, and realizing a serie of paintings to be exhibited permanently in the department.

1985

Museum of Montepulciano Lake (Poster explanatory of aquariums)

1984

Natural History Museum of Milan (production of various scientific explanatory illustrations for the windows and realization of one diorama)

OTHER ILLUSTRATIONS

Advertising companies: Ted Bates, G&R S&H, Adval, Airon, Milano AD ed altre

Customers : Lazzaroni, Riva Cantù, Flex, Boffi, Vini i Santi , Sans Soucis, Nestlè, Saratoga, Thermore, Antica Erboristeria, L'Unità, Bayer, Midy, Italfarmaco, Mediolanum, Ibi, Bracco, Tielle, Corvi ed altri.

Publishers

Salve (RCS)

Corriere medico e Medicina Illustrata (Rizzoli)

Oasis (Musumeci)

GROUP EXHIBITIONS

- 1986 Viaggio nel corpo umano, Palazzo Bagatti Valsecchi, Milano
- 1994 Estemporanea di pittura, Galleria La Danza Degli Specchi, Inzago
- 1996 2° Estemporanea "Via dell'Amore" a Manarola (SP), Premio Provincia
- 1996 Concorso-Ricerca ARTEANIMA 1- Fondazione Mazzucconi, Milano
- 1997 Fiera di Pordenone, a cura di Edoardo Di Mauro, Galleria VSV di Torino
- 1998 Esposizione docenti / studenti per l'inaugurazione del nuovo Spazio 3 dell'Accademia Italiana- Firenze
- 2006 Donne in Campo donne nell'Arte, spazio Microstoria Rosignano
- 2006 VI Estemporanea Bruno Cosimi, Livorno
- 2006 11° Concorso Nazionale Paese di Cardoso
- 2006 7° Estemporanea di Pittura Castagneto Carducci
- 2006 Omaggio Pop, Ecomuseo di Castellina (Pisa) dicembre
- 2006 Concorso Pittura Scultura Donoratico
- 2007 Concorso Pittura Scultura Donoratico
- 2008 posSESSO corpo e ossessioni, ArteForte Spazio eventi Mondadori, Venezia
- 2008 56 Rotonda di Ardenza , Livorno 2008

SOLO EXHIBITIONS

- 1993 Ritratti, Bambino & Company, Milano
- 1996 Paesaggi Emozionali Armonici", Il Papavero, Milano
- 1996 Esposizione personale nel comune di Piazzatorre (BG)
- 1997 Corrispondenze Cosmiche e armonie naturali", Villa Mirabello, Parco di Monza (MI)
- 1997 I segreti della natura, Palazzo del Cinema, Venezia Lido,- 2°Congresso Internazionale di Astrologia del Cida.
- 1998 Visioni e Metamorfosi, Salone New Age Next Age, Lacchiarella
- 2003 Dipinti ed oggetti", Momoyama Artspace, Firenze
- 2007 Inner Landscapes", Associazione Castagneto Arte, Castagneto Carducci
- 2010 Arte e Benessere Interiore", Mitica India, Marina di Carrara

LANGUAGE SKILLS

ENGLISH

IELTS - ACADEMIC FORMAT

CERTIFICATION 11 MAY 2013

Overall Band 6.5 (CEFR C1-Cambridge CAE)

Listening 6.0 Reading 8.5 Writing 6.0 Speaking 6.0

OTHER SKILLS

GOOD KNOWLEDGE OF THE MAIN PROGRAMS OF **GRAPHICS PROCESSING AND GRAPHIC DESIGN**, **ILLUSTRATION AND PHOTO RETOUCH**, OPEN SOURCE AND PRIVATE SOFTWARE.

GOOD KNOWLEDGE OF PROCESSING PROGRAM STATISTICS **SPSS** AND **STAT SOFT'S STATISTICA**.

KNOWLEDGE OF PHYSIOLOGICAL SIGNALS ACQUISITION AND ANALYSIS PROGRAM **LABCHART** SOFTWARE (**POWERLAB** HARDWARE) AND **KUBIOS HRV**

EXPERIENCES OF PROGRAMMING (**HTML, PHP, VISUAL BASIC, MATLAB, R**)

GOOD KNOWLEDGE OF MICROSOFT OFFICE APPLICATIONS (**MOVIE MAKER, ONE NOTE, POWER POINT, PUBLISHER, WORD, EXCEL**) AND SIMILAR IN OPEN SOURCE;

GOOD KNOWLEDGE OF S.O. **WINDOWS (MODELS 98, 2000, XP, VISTA, W7)**;

TEXT TRANSLATION FROM ENGLISH TO ITALIAN

CREATION AND MAINTENANCE OF PERSONAL WEBSITE, AND OTHER BLOGS, PRESENCE ON SOCIAL NETWORK .

**CONTINUING EDUCATION IN
COGNITIVE NEUROSCIENCE ,
PSYCHOLOGY AND
NEUROPSYCHOLOGY
(since 2010)**

- **Sense of self and sense of the other in healthy adults and in patients with acquired brain injury**, IRCSS Santa Lucia Foundation, Rome November 14/15, 2014
- **Attachment and Trauma** Congress, Rome, 19-21 September 2014, Istituto di Scienze Cognitive
- **Neuropsychology of Body Representation**, IRCSS S.Lucia Foundation Rome, May 22/23 2014
- **MMPI-2 RF**: introduction to the tests and collaborative clinical use, Winter School ASAG Milano, novembre 2013
- **RAW 2013**, Rovereto 24-26 ottobre 2013
- **Society for Psychophysiological Research, 53rd Annual Meeting**, Firenze 2-6 ottobre 2013
- **“Interpersonal Neurobiology workshop”** with **Daniel Siegel**, ISC Milano, 20/21 September 2013
- **ntres**,
ass.It.Psicogeriatra 31 Maggio /1 Giugno 2013 - Pistoia
- **Body Representation and Eating Disorders**, Università di Udine, 19/20 aprile 2013
- **XX National Congress of Italian Society of Psychophysiology SIPF, I.R.C.C.S. Ospedale San Camillo - Alberoni – Venice Lido**, 22-24 novembre 2012
- **“The construction of the alliance in the first session of the assessment of psychological consultation and with adults”** con **Stephen E.Finn**, ASAG – High School of Psychology Agostino Gemelli Milano, 6 ottobre 2012.
- **3rd International Congress on Clinical NeuroMusicology**, Brescia, September 21-22 2012
- **Workshop on Acalculia Rehabilitation**, I.R.C.C.S. Ospedale San Camillo - Alberoni - Lido of Venice – September, 15-16 2012
- **Work on shame in psychotherapy and psychology in assessment, workshops with Stephen E. Finn** , ASAG Milano 2012
- **Days of the Pisan Psychiatry and Clinical Psychopharmacology** By kronos in kairos: The ideal time for the care, Pisa, 2012
- **SIRN National Congress**, Milano 3/5 maggio 2012
- Seminario SPAN, **The neuropsychological interpretation of specific learning disorders**, Gubernale, Milano 2011 (8 ore)
- Codex Vitae, **“Science, ethics and law to meet the challenges of existence”**, Rovereto 2011
- Rovereto Attention Workshop 2011 **“Attention and objects”**, Rovereto 2011
- XX Congresso nazionale Airipa **“Learning disabilities”** Prato 2011
- Meeting **“Autism early screening and surveillance for the treatment”** IRCSS Stella Maris, Pisa 2011
- Meeting **“Tell, listen, understand. Methodology and scope of application of the narratives in the social sciences”**, Trento 2011
- 1st Festival of **Autobiography** Anghiari (Ar), 2011
- Concepts, Actions and Objects **(CAOs)**, Rovereto 2011
- **XI National Congress SIRN**, Verona 2011
- Workshop C.S.A.P.R with Sara Mondini e Daniela Mapelli **“ The assessment and rehabilitation of dementia ”**, Prato 2011
- Workshop with Andrea Stracciari, **Neuropsychological assessment in forensic field** , Prato 2011
- Workshop with Elena Giachi, **Introduction to Clinical Neuropsychology**, Prato 2011
- **MEMOLING - Character and capacity of working memory and its interaction with the language**, Rovereto 2011